

Happy St. Patrick's Day!

MARCH 2012
CLIENT NEWSLETTER



10075 Northland Dr., Rockford, MI 49341 616-866-3478
MONDAY-THURSDAY 8-6 ~ CLOSED FRIDAY
Pantry of Choice Mon. & Wed. 9-3:15, Thurs. 12-5:30
Furniture Room ~ Tuesdays 8-12 (or as long as furniture lasts)
~ Call ahead to see if furniture is available.

Mark Your Calendar



- Mar. 1 ~ Federal Commodities Distribution 9 am - 3 pm
1-15 ~ Easter Basket Registration for children ages 1-10
5 ~ Access Food Stamp Outreach 9 am - 2:45 pm
~ Food Truck - St. Stephen Church Rockford 5 pm
6 ~ **CLOSED FOR IN-SERVICE**
8 ~ Senior Pantry ~ Last names A-L 9 - 10 am
Last Names M-Z 11 am - 12 pm
13 ~ Food Truck - Sparta Baptist Church 5 pm
19 ~ Food Truck - St. Stephen Church Rockford 5 pm
27 ~ Food Truck - Rockford American Legion 10 am

CLOSED TUESDAY, MARCH 6 FOR IN-SERVICE MEETING

Support Pantry Appointments

We have a limited number of appointments available to refer clients to our support pantries for food. We are often not able to send clients to their choice of pantry on the day they wish to visit, because it is full. When you do not keep your appointment, you are denying food to another family. If you cannot keep your appointment, you must call to cancel so another family can receive food.

NKCS CLOSING POLICY: NKCS will close or delay when Rockford Public Schools are closed or delayed, due to bad weather. If NKCS has several ill staff and volunteers, we will close and notify the local TV and radio stations.



 Give us your e-mail address to have our newsletters sent to you, or view them at our website www.nksc.com. You can also download the forms needed for updating there.

NEW ~ WEEKLY JOB POSTINGS

Sign-up for weekly job openings by adding your name and e-mail address to our list. Postings are sent to you via e-mail.

2011 INCOME TAX PREPARATION AT NKCS



AARP is preparing taxes for senior citizens and low income individuals on Monday, Tuesday & Wednesday from 9 am to 3 pm.

KENT COUNTY TAX COALITION is providing free tax preparation for low income families and senior citizens on Tuesdays from 5:30 - 7:30 pm.

Call **866-3478** to schedule an appointment. No walk-ins. Bring a photo id, social security cards for everyone in the household, copy of last tax return, all W2's and 1099's received, SSI letter, receipts or proof of rent or mortgage and property tax payments, and a copies of 2011 heating bills. If you paid for child care, bring provider's name, address and Federal Tax ID #. A blank, voided check is needed for a direct-deposit refund.

ATTENTION SHOPPERS

You may select items from what is available on our shelves when you shop. We rely on donations to fill our shelves and do not stock everything. **Do not** ask staff or volunteers to search for something else for you. If you have special needs or extenuating circumstances, you **must** speak to a case manager.



SENIOR PANTRY

Pantries for all low-income senior citizens will be held the second Thursday of each month in 2012. Last names beginning with A - L may shop from 9:00 am - 10:00 am. Last names beginning with M - Z from 11:00 am - 12:00 pm. Due to limited parking, we need you to visit during your scheduled time.

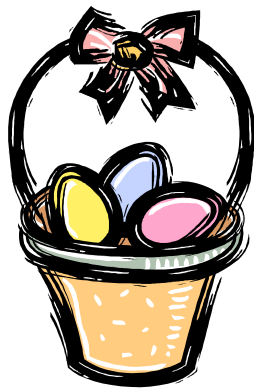


Listed below are the monthly dates:

- January 12
- February 9
- March 8
- April 12
- May 10
- June 14
- July 12
- August 9
- September 13
- October 11
- November 8
- December 13

EASTER BASKET REGISTRATION

We will be registering children ages 1 - 10 on a first-come, first-served basis for 500 Easter Baskets on March 1 - 15. Files must be up-to-date. Distribution will take place on Monday and Tuesday, April 2 & 3.



COMMODITY SUPPLEMENTAL FOOD PROGRAM

Most of our clients now qualify for Federal food commodities which will be distributed here on Thurs., March 1 from 9 am - 3 pm. If you live north of 14 Mile Rd., pick up your food at The Springs Free Methodist Church, 135 N. Grant, Cedar Springs, from 9 am - 1 pm. Many senior citizens, low-income individuals, and women with children qualify for this quarterly free supplemental food program. Please speak with one of our case managers to see if you qualify.



ROCKFORD ROTARY CLUB HEALTH SCREENING at Rockford Reformed Church*

The Rockford Rotary Club will offer the following services free of charge to clients on Saturday, April 28, from 8:30 am until noon:

- Dental Screening (check general health of mouth, teeth and gums).
- Blood Pressure Screening
- Mammograms (11 appointments for women over age 40)
- Podiatry (screen for general foot health and perform some nail trimming and callus work)
- Vision Screening (eye exams and checks)
- Hearing Screening (hearing tests)
- Glaucoma Screening

Call Deb S. at 616-866-3478 ext. 104 to make an appointment. Appointments will be scheduled on a first-come, first-served basis.

*Rockford Reformed Church, is located on the southeast corner of Northland Drive & 11 Mile Road (one mile south of North Kent Community Services)

PAIN RELIEF THERAPY INFORMATION



Do you have poor circulation, stiffness or muscle spasm or experience tingling or burning pain that interferes with your lifestyle? If so, treatment with Anodyne Infrared Therapy can help. Grand Rapids Home Health Care will be presenting information on this pain relief therapy that can be performed in your own home at little or no cost to you, if you are a Medicare recipient or have other insurance. You are invited to attend their presentation on Thursday, March 8, beginning at 8:30 a.m. at North Kent Community Services.

Please help us prevent the spread of colds and flu. DO NOT enter NKCS if you are feeling ill or have a fever, chills, cough or body aches.

